
Music Electives at CGHS

The CGHS Music Department's top priorities to develop independent student musicians.

Our performance classes are

Concert Band

Concert Choir

Drama

Select Choir

Concert Orchestra

Our non-performance classes are **AP Music Theory** and **Fundamentals of Music**.



"Strikingly, many high achievers feel music opens up the pathways to creative thinking. And their experiences suggest that music training sharpens other qualities: Collaboration. The ability to listen. A way of thinking that weaves together disparate ideas. The power to focus on the present and the future simultaneously."

(from The New York Times, 2013)

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CGHS MUSIC MATTERS



Music Electives to enhance your academic experience and a family organization to support your journey!



10 Reasons Why People Who Learn Music Are More Likely To Be Successful

(compiled by lifehack.org from sources including *The New York Times*, *The Washington Post*,
Parenting Science and *Science Net links*)



Choir singing for 2017 Cedar Grove Waves, The Groovement (jazz band) adjudication at WorldStrides Festival in Orlando, students participating in National Honor Choir in Nashville, 2016.

The CGHS Music Program represents our high school and town throughout the year, including at these upcoming events.

December 2018:

*Caroling at Morgan's Farm (12/3) &
the 51st Annual Tree Lighting (12/4)
Winter Concert (12/14)
CG Tonight! Open Mic (12/19)*

March 2018:

*"Into the Woods" Spring Musical, 3/1-2-3
Free to Be ... You and Me Tour*

April 2018:

Spring Music Trip to Boston, 4/20-22

May 2018:

Spring Concert, 5/16

1. They Are More Creative

2. Their Brains Develop Differently

Playing an instrument tends to have a multitude of beneficial effects on the brain, many of which are especially visible in children.

3. They Connect With Others Better

4. They Are Better At Math

Both deal with analyzing puzzles and finding patterns in order to find solutions.

5. They Have A Better Sense Of Rhythm

6. They Are Obsessive

To become proficient at playing music requires a lot of time and dedication. If you are willing to put effort into that, you will likely tackle other things with that same gusto.

7. They Are More Likely To Have A Higher IQ

8. They Process Speech More Efficiently

Indeed, research has shown that learning how to play music has a beneficial effect on the areas of your brain that process sounds — an effect that lasts even into old age (Washington Post).

9. They Are Conditioned To Work Hard For Results

10. They Have More Self-Control

Translate that ability to remain dedicated and focused on the task at hand to the real world, and it is easy to see why so many musicians end up being successful in other fields.