

Webinars

Nat King Cole Generation Hope, Inc./Vander Cook College

<http://natkingcolegenerationhope.org/summer-strings-educator-conference/>

Rebecca MacLeod

UNC Greensboro

Wednesday, July 29th

- No one has all the answers
- Students still need Music and YOU!!!
- ASTA site, <https://www.astastrings.org/>
- Active Music making and community
 - Maintain contact
 - Curriculum continuity
 - Reflect on how to improve
 - Differentiated learning is still important
 - Equity in access
 - “Better” video is harder to access
- Elizabeth Green “orchestra box”
 - Face-to-face learning
 - 6 feet apart
 - Own stand
 - All facing forward
 - No arcs
 - Masks
 - Perpendicular to air flow
 - Open doors and windows
 - Spread
 - Droplets
 - Aerosols (can’t see)
 - Surfaces
 - NO sharing
 - Bring own stands?
- Sanitize
 - Virus lasts 3 days on wood
 - Questions? Talk to luthier
 - For inexpensive instrument, baby soap and damp cloth
- Online instruction
 - Community!!!
 - Student post links to get to know one another
 - Synchronous
 - Play for kids
 - Student leadership, i.e. – count off
 - Just principals in person

- Rest Zoom in
 - Asynchronous
 - Provide for students w/o or with poor internet
 - Less fancy videos
 - Student online groups
 - Provide interaction time
 - Upbeat
 - Shorter videos are better
 - Minutes=age
 - Be kind to yourself
 - Interactive videos better
 - SCARED!!!
 - Beginners
 - Recruitment
 - Use kids themselves, create video
 - Online sign-up (Google Forms)
 - Communication with families
 - Two-way
 - Don't flood
 - Sizing
 - Online
 - Smaller meetings
 - Outside
 - Plan for distribution
 - Get instruments ready and organized
 - Then quarantine for x days
 - Starter kits
 - Box violin/viola
 - Kids can make own
 - Drawing=learning parts
 - Cello/Bass
 - Paper towel roll for left thumb and fingers
 - Bowing
 - Cheap, flexible straws
 - Dowel (1/8" diameter) and clothes pin
 - Fit straw over dowel (keeps kids from squeezing)
 - Toilet tube
 - Videos
 - YouTube channels are free
- Diversity
 - Equity
 - Systemic racism
 - String community=white
 - Opportunity to reengage
 - Does our classroom look like our school?

- Peer assisted learning
- Recruiting in non-performance environment
 - Online modules that allow Music making
 - Exchange expertise with other people
 - Student contributions
 - Small groups
 - NOT virtual orchestra, too consuming
 - Bandlab

Susan Rodberg and Laura Sinclair

Wednesday, July 29th

- “Build the plane while you fly it”
- Practice Club
 - Connection
 - Repertoire familiarity
- Reading/Rhythm practice
- “Breakfast with Beethoven”
- “Song Class”
 - Select diverse composers
 - Historical context
 - Rachel Barton Pine Foundation
- Videos
 - Short
 - Play along files
 - At-home performance for family
- Solo repertoire
 - Technically sequenced
 - Self-paced
 - Systemic practice
 - SmartMusic, etc.
 - Database
- Game based Music Theory
 - Music Mind Games
 - Give stepping stones
 - Positive experience
- Stage your space
 - Quiet
 - Look in camera
 - What’s in your room
 - Don’t shame
 - No distractions
- Be flexible
 - We need a new bag of tricks
 - Name that tune
 - Freeze dance

- Show your pets
- YouTube channel
 - Best way to deliver
- HUMANS ON BOTH SIDES OFV THE CAMERA
 - Understand that you're real
 - Digital citizens
 - Be KIND!
- Asynchronous Learning
 - Videos
 - Audio Tracks
 - Paly-through
 - Google Suite/Kahoot
 - Recording
 - Composition
 - Don't just record and send
 - Find ways to include students
 - Record in Zoom
 - Low band width
 - Resources
 - Jam board
 - Chrome Music Lab
 - Share
 - Reward
 - Investment in future!!!
 - "Get to know me," work
 - Composition
 - Focus on creativity vs. performance
 - Teach to ability
 - Relative to heritage
 - Play for family
 - Relevance in lives
 - Tuning
 - Singing
 - Utilize local Music shops
 - Lisa Morris tuning videos
 - Individual Zoom lessons
 - Have back up instruments so we don't have to touch
 - Appointment with parents
 - Video programs
 - iMovie
 - Zoom record
 - iPhone
 - Reaper (\$60)
 - DaVinci

William Harris Lee

Thursday, July 30th

- Sanitizing instruments – mitigate student need to be clean!
- NO SOLVENTS
- Solutions
 - 50% distilled vinegar, 50% water
 - 50% hydrogen peroxide, 50% water
 - 90% water with 10% bleach
- If unsure, check under chinrest
- Use disinfecting wipes
 - Use on everything except varnished parts
- Alcohol wipes
 - Fingerboard and strings
 - NOT dripping
- Microfiber
 - Dirt and rosin
 - NOT disinfecting
- Ultraviolet light
 - Still need guidance
 - Can dry out instrument
- Case sanitizing
 - Almost pure alcohol (10% water)
 - Wipes for inside
- Cleaning
 - Method brand
 - Biodegradable
 - Open windows and doors
 - Hydrogen peroxide (3%)
 - Paper towel
 - Absorbent and damp (can't squeeze liquid out)
 - Use nitrile gloves
 - Top to bottom
 - Pegs, nut, neck (largely touched)
 - Shoulders, ribs
 - Fronts, tuners, tailpiece
 - 70% alcohol pad for fingerboard
 - Wrap strings
 - Alternate is 50% HO for fingerboard
 - Roughly 10 minutes per instrument
 - Bow
 - Take frog off
 - HO on stick
 - Wax screw with with perafin
 - Swab for frog
 - Discourage sharing
 - If no one else is using instrument, then not under same criteria

- If shared, then back to cleaning
- OK to have instruments next to each other in racks
- Don't touch bow hair to begin with
- ASSIGN ON BOWS!!!
- Don't reuse wipes
- Everclear
- If room is being fogged, make sure instruments are removed
- For VC/DB being used in multiple classes
 - Students wash hands before class
 - Light disinfecting
 - Make sure all glue joints are dried

Charles Laux

Friday, July 31st

- Kids try to do it all
 - Parents cater to that
- Attitude, not aptitude, determines altitude
- Needs for distance learning (Parents MUST support)
 - Space
 - Privacy
 - Lighting
 - Quiet
 - Chair/stand
 - Pencil
 - Tuner/metronome
 - Mirror
- Outcome vs. Process
 - Students don't know how much to practice
 - Bad habits to avoid
 - Start at performance tempo
 - Slop through
 - Repeat mistakes
 - Klickstein's five practice zones
 - New material
 - Developing material
 - Performance material
 - Technique
 - Musicianship
 - Planning
 - New material
 - Divide into small sections
 - Establish a plan
 - Slow down!
 - Technique
 - Scales AND arpeggios

- Vibrato
 - Musicianship
 - Listening
 - Create playlists
 - Model for kids
 - Sight-reading
 - Sight-reading factory
 - Theory and ear-training
 - Improv
 - Zone of Proximal Development
 - Attainable
 - Understand limit of reach
 - Time is the enemy – progress is the goal
 - Playing vs. Practicing
 - Don't force minutes
 - Goal vs. minute based
 - Habituate
 - Building a good, everyday habit takes 66 days
 - SCHEDULE practice time
 - Slower is faster
 - Start with a tempo they can get on first try
 - Identify problem
 - Bracket and loop
 - Backwards practice
 - Use rhythmic variations
 - Find patterns
 - Close eyes and play softer
 - Record video and audio
 - “Coach's eye”
 - Mark it!
 - SING!
 - Find a model and have students compare
 - Tools, apps, and resources
 - Tempo
 - Tonal energy tuner
 - Coach's eye
 - Anytune Pro +
 - Orchestrateacher.net
 - Learning Management System
 - Reflect!
 - Let students see you practice
- Beginners online
 - Short chunks
 - Shorter bursts
 - Regular times
 - Submit a 5-minute practice video for formative evaluation

- Flipgrid
- Utilize rewards
- Leaderboard
 - Students want your approval!
- Tuning
 - Start with fine tuners
 - Be careful with pegs!
 - Secure with legs
 - Use a reference pitch
 - Pluck continually
 - Go to Music store if necessary
- KEEP MOTIVATED
- KEEP IT FUN
- KEEP THEM GOING

Frank Diaz

Friday, July 31st

- Well being
- Contemplative practices
- Can use with kids (Zoom)
- In USA, huge drop in happiness
 - COVID=huge rise in depression
 - Distress is a lack of resources to handle stress
- Musicians suffer from, among other things
 - Anxiety
 - Being overwhelmed
 - Doubt
- Practice mindfulness
 - Openness and curiosity
 - Being present
 - Be intentional and non-judgemental
 - Be aware of thoughts and feelings
 - What's normal?
 - Mindfulness=reduction in implicit bias
 - "Breathe it down"
 - Calm vs. slow
 - Focusing eliminates ruminating
 - "Mindful stop"
 - Stop
 - Breathe
 - Observe
 - Proceed – be kind
 - Connect with values
 - OK to be vulnerable with kids

- Importance of gratitude
 - Wall decorations
 - Class discussion
 - Letter to a friend in class (student to student)
- More than ever we have to be kind
 - To ourselves
 - To Students

American String Teachers Association

Wednesday, August 12th

https://www.astastrings.org/Web/Community/Webinar_Resuming_Instruction_During_COVID-19.aspx

- Active Music making as part of community
- We teach kids
- Curriculum continuity
 - ASTA Guide
- This is the time to improve string instruction
 - Assessment and delivery will be different
 - Differentiated instruction
 - Equity and access
 - Refer to Health and Wellness document, etc.,
https://www.astastrings.org/Web/Resources/Returning_to_School_During_COVID-19.aspx
- **Kirk Moss**
 - Consulted MN DOH
 - Ultimate goal is face-to-face instruction
 - Mitigate risk
 - Hygiene
 - Wash hands and sanitize
 - Distancing
 - Minimum of 6 feet
 - Multi layered mixed fabric mask
 - Ventilation
 - Merv
 - Air changes, 10-12 per hour is optimum
 - Cleaning (disinfect vs. clean)
 - Mild dish soap for neck and chinrest, then dry
 - UV wand
- **Steve Benham (John Benham's son)**
 - Emphasize self-guided learning
 - Leadership development
 - Engage those leaders
 - Provide tutoring

- Connect with broader community
 - Don't be the only teacher
- Diversify curriculum
 - Expand range of repertoire
 - Ethnic, fiddling, etc.
 - Resources within ASTA
 - CMP model
- Create community
 - Sports, Music, and youth groups are the most common
- Modular
 - Involve students in selection process
 - Practice-a-thon
 - Community help
 - Tech. projects
- Tech. resources
 - Background tracks
 - Assessments
 - ASTA Connect
- **Frank Diaz**
 - Teachers care
 - Excited to connect
 - Engagement
 - Safety
 - Consistency
 - Neat, not overwhelming
 - Use recording features of LMS
 - 3-5 minutes
 - Just communicate as humans
 - Virtual
 - Invite guests
 - Community people
 - Different styles
 - Master classes
 - Break-out rooms
 - Theory and History
 - Composition and improv
 - Critical listening
 - Have students adjudicate
 - Model (on mute)
 - Modules
 - Well structured
 - Be able to record
 - Peer evaluation
 - Asynchronous
 - New things

- Videos
 - Skills
- BUILD COMMUNITY, LOOK AT THE LONG GAME

Laura Talbot Clark (Private Instruction)

- Advocate
- Location
 - Social Distance
 - Ventilate
 - Time Lessons
 - Eliminate shared/high touch surfaces
 - PPE
- Screening and Risk
- Lessons
 - Shorter times
 - Don't do something you're uncomfortable with
 - Add an extra lesson to discuss technology if virtual
 - Privacy and recordings
 - Set expectations for families
 - Use multiple cameras (multiple angles)
 - Use good mics
 - Colleague support
 - Click track
 - Experience skills together
- Creativity and compassion
- Don't deny issues
- OK to NOT be OK
- Let kids show up as themselves
- Not everything is about Music
- EVERYTHING is about connection and community

Q&A

- Eye visors/face shields worn over masks
- Limit class time relative to air exchange (recommended 30 minutes)
- Build in time to ventilate space
- Reduce sharing
- Hand sanitizer
 - Be careful alcohol content doesn't damage instrument
 - Better to wash
- Copyright
 - Check with publisher
 - More resources are coming out
- Throw gloves away after touching each item
- Opportunity to teach independence
- ASTA articles (journal)
- Have online resource for parents
- Be incredibly descriptive and receptive

- Meet outside with parents for face-to-face
- Tuners on LMS
- Rethink order of content
- Have backup quarantined instruments
 - Drive-up instrument exchange
- UV
 - Don't buy at local stores
 - Ionization
- Rethink
 - Perform for each other
 - Small group recording
 - Teach how to use click track
 - Won't be as pleasing as live performance
- Yourself
 - Be part of a professional organization
 - They're communities
 - Health and well being
 - Resources
 - Connect

EdTech

<https://www.youtube.com/playlist?list=PLbZfHRa63yVjmD23z8eJ7eBK5QhauCzNJ>